

**BVILLE BOYS SOCCER TRAINING
(GRADES 7 – 9)**

(Please print)

Name: _____

Grade (Fall 2010): _____

Address: _____

Phone (home): (____) _____ - _____

Phone (cell): (____) _____ - _____

Emergency Contact & Phone #:
_____ (____) ____ - _____

Health Concerns/Allergies: _____

"As the parent/guardian of _____, I give my consent for him to attend this Soccer Training. I understand that the Baldwinsville School District, the Baldwinsville Boys Soccer Booster Club and their booster members and coaches working this camp are not responsible for accidents resulting in medical, dental or other expenses, including loss of personal property. I understand that this clinic program is conducted by the named Booster Club and is not part of the Baldwinsville Central School District program or its interscholastic program.

I recognize that the element of risk cannot be eliminated, that injuries can include but are not limited to, cartilage damage which would result in temporary or permanent, partial or complete impairment in the use of limbs; brain damage; paralysis; or even death. I also recognize that there is NO onsite medical coverage. Having been so cautioned and warned, participation indicates your full knowledge and understanding of the risk of injury."

Parent/Guardian Signature: _____

Player Signature: _____

SCHEDULE (Tues & Thurs)

8:00 – 9:00 am

Warm Up & Strength Training

We will be concentrating on soccer related plyometric exercise that will build strength & speed.

- Agility
- Fitness

9:00 – 10:00 am

Skills Training

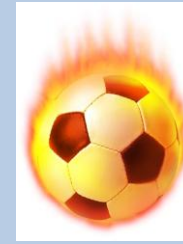
The following skills will be the focus and we will be applying them to game situations throughout the training.

- Foot skills
- Dribbling
- Shooting
- Chipping/Serving
- Heading
- Game Play
- Defense/Offense



BBSBC

info@bvilleboysoccer.com



**Bville Boys Soccer
Training for Boys
Entering Grades 7–9
(keeper training
available)**

Sponsored by: Bville Boys Booster Club

**Coaches: Dave Sebast (New Boys JV Coach)
Tim Scheemaker (Varsity Coach)**

COST \$50.00
(checks payable to BBSBC)

JULY 13, 2010 – AUGUST 5, 2010

Tuesdays & Thursdays

8:00 am – 10:00 am

DURGEE JR HIGH FIELDS